



MAY 2025

- 12 – Reading Circle 12:30
- 13 – EMD Appreciation Dinner 6:00
- 16 - Annual Meeting and Luncheon Tavistock CC 11:30
- 17 – EMD Couples Bridge 7:30
- 20 – EMD Business Meeting and Spring Dinner – 6:30
- 21 – Cathedral Kitchen Sandwich Drop-Off 9:00-9:30
- 21 – John and Dorothy Hancock Debate 7:00
- 21 – Women’s Bridge 7:30

JUNE 2025

- 2 – Reading Circle Potluck Luncheon 12:00
- 2 – Trustees Meeting 3:30
- 4 – Executive Board Meeting 10:00
- 5 – EMD Board Meeting 7:30
- 6 – 9 GFWC Convention
- 7 – Haddonfield Revolutionary Skirmish
- 9 – Planning Meeting 10:00
- 18 – Cathedral Kitchen Sandwich Drop Off 9:00-9:30
- 19 – Garden District Council Meeting
- 30 – EMD Summer Flash Edition



The Forecaster

a publication of

The Haddon Fortnightly



NJSFWC of the GFWC Member **Garden District**

Contact: THF@TheHaddonFortnightly.org

May Edition 2025



From Your President Sue Sheehan

Dear Friends,

☞ May is one of my favorite months. Happy Mother’s Day to all the mothers, stepmothers and grandmothers. It is your special day.

☞ We are coming to the end of a great year. Your dedication and commitment to The Haddon Fortnightly is incredible.

☞ Congratulations to **Ginny DeLong, Marie DiMatties, and Bettiann Young** for receiving the Haddonfield Mayor’s Award “for selfless commitment to community service in the Borough and beyond”. We are very proud of them.

☞ I am looking forward to our **Spring Luncheon at Tavistock**. Thank you, **Jude Leary**, for arranging this event.

☞ I would also like to congratulate **Ginny DeLong** for being placed on the NJSFWC Honor Roll. I would like to also congratulate **Marie Balotin** on receiving the special Order of the Lily award at Convention. These two women display true leadership and commitment to The Haddon Fortnightly.

☞ We had a great club year, and I want to thank the **EMD** for their contribution of **\$17,000** from their Casino night.

☞ If you are coming to the planning meeting on **June 9th**, please come prepared to give us dates of your events and when you need the club house.

☞ Thank you again from the bottom of my heart for your support and hats off to all of you for a **great club year**.

Sue

sue.sheehan9009@gmail.com



Education and Libraries – Betty Eastwick

🌀 As we enter the month of May, Reading Buddies only has two more sessions: **May 21st** at 9:30 and possibly one in **June**. Even if you haven't done it before, please consider joining us.

🌀 **WHYY** has launched a new PBS Masterpiece series which started on Sunday, May 4th. Titled **Miss Austen** it is based on letters written by Jane Austen and discovered by her sister Cassandra many years after the author's death. If you were unable to view it, you may stream it on Passport or watch it on NJN at a later time, typically on Wednesdays. Keely Hawes is the lead.

🌀 **Cherry Hill Library** is having a book sale on **July 9-12**, so if you need some good beach reads or have books to donate, you might want to call or check their website for details. Both Cherry Hill and Haddonfield libraries have lots of fun and interesting activities planned for the summer.

🌀 **Croft Farm in Cherry Hill** is hosting a juried art show called "Art Blooms" on Tuesdays-Thursdays from **May 6-15, 2025**. If interested, consult their website for more details: <https://www.chnj.gov/artblooms> or call 856-488-7868.

🌀 Reading Circle will meet on Monday **May 12th** to discuss the novel **North Woods** by Daniel Mason. Please join us at **12:30**. Sue Bellows will be facilitating as we share thoughts about this interesting book.

🌀 As we look ahead to next year, a group of us have discussed the possibility of organizing a trip to **Cairnwood Estate** in Bryn Athyn, PA, next **December**. The scheduled activities encompass a tour of World Nativities at Glencairn Museum, a Holiday Tea, and an exploration of the professionally decorated rooms at Cairnwood Estate, constructed in 1895 during The Gilded Age. Ticket price includes a visit to the Bryn Athyn Cathedral which has spectacular stained-glass windows and has been an active place of worship since 1919.



Civic Engagement and Outreach – Liz Albert, Cathy Jenkins and Barbara Szerszen



This month a total of approximately 86 items were donated to the Cherry Hill Food Pantry. Thanks to Sue Foley, 56 of those items come from the Albertson Village in Westmont.

A summer date will be put in the future Forecaster for a summer collection. The need never stops.

Volunteers Needed! As part of The Haddon Fortnightly's participation in the Haddonfield Skirmish activities, we will be hosting the **John and Dorothy Hancock Debate** at the clubhouse on **May 21st** at 7 pm. Volunteers are needed to usher from **6 pm to 9 pm**. Tickets cost \$23.46 and can be purchased at this link for Eventbrite: [Dorothy and John Hancock Debate](#). Please contact **Marie DiMatties** to let her know you will be there.



Arts and Culture – Sue Foley



🌀 **Our group, Knit for A Cause**, is currently knitting for the Oaks Integrated Care, a Camden County foster agency serving children from 0-21 years of age. They are thrilled that we are knitting for them. Please join us at our next knitting session at **1:30pm on Friday, May 23rd**. Please **RSVP to Marie DiMatties**.

🌀 **Greeting Cards** will be available at the Haddonfield Farmers Market on May 17th, and at the Haddonfield Library, both the Angel and Hands with Flowers designs.

Please Note These Future Dates:

→ Friday, Nov. 21st- **A Magical Music Night**

→ Sunday, Dec. 14th- **Tea with Mrs. Claus** - thanks in advance for donating new, unwrapped toys for our baskets. Sue S is collecting them at meetings. Let us know if you know someone who would don our suit and make a guest appearance as Santa.

Community Events to check out:

Perkins Art Center:

<https://perkinsarts.org/> Moorestown offers Coffee and Classics:

- Lady Zen May 15th 2-3pm,
- Artist-Artist Reception May 17th 5-7pm
- Lawn Concerts on June Mondays 6:30-8:30pm

Walnut Street Theater:

<https://www.walnutstreettheatre.org/>

- Dream Girls runs thru May 4th (great reviews!)
- Million Dollar Quartet will run Sept. 30 through Nov. 2nd

Philadelphia Museum of Art:

<https://www.philamuseum.org/>

Christina Ramberg Retrospective through June 1, Boom: Art and Design of the 1940's runs until Sept. 1st and so many ongoing exhibits!

Scottish Rite Theater in Collingswood:

<https://scottishriteauditorium.com/>

- Whose Live Anyway?-Songs & Improv on May 18th at 7:30pm
- One Voice: A Musical Journey to Civil Rights and Social Justice- May 28th at 7pm
- The Moody Blues' John Lodge on July 23rd at 7:30pm
- Dave Mason on August 8th at 8pm



Membership – Liz Olson and Debbie Hluchan



Celebrate!

Please join us in extending birthday felicitations to our **May** birthday girls. Happy Birthday to all!

Susie Bellows	May 11
Marie DiMatties	May 1
Barbara Hilgen	May 31
Rosemary Scalese	May 8
Maryanne Monte	May 31

NJSFWC State Convention 2025

The EMD of The Haddon Fortnightly were big winners this year. Congratulations ladies!

FIRST PLACE:

- Health and Wellness
- Advocates for children
- Communications



THIRD PLACE:

- Legislation/Resolutions
- Membership

NOMINATED for GFWC Club Creativity Award:

- Advocates for Children - Snowflake Run
- Communications - Big Belly Trash Cans

ESO: Christine Novak 7th Century

ESO is the Epsilon Sigma Omicron Honorary Reading Sorority. 7th Century means that Tina has **read 700 books**. Members have to write and submit reviews of each book they read. For more information go to: <https://njsfwc.org/awards/epsilon-sigma-omicron/>

And Congratulations to **Marie Balotin** on being awarded the Order of the Lily, and to **Ginny DeLong** for being placed on the State Honor Roll.



Special State Project – New Jersey Children’s Alliance – Denise Sellers and Ginny DeLong



We would like to thank Dr. Kristine Dodson-Peck from CARES Institute and the two women from the Camden Child Advocacy Center(CAC) who joined us at our April meeting to discuss the work done by CARES Institute and the CAC. They work with cooperatively with our SSP, the NJ Children’s Alliance, to support children who have experienced physical or sexual abuse. Their presentation on trauma assessment and care was difficult to hear about, but so important to know!

We were pleased to present the CAC with a check for \$100 from the club, along with two gift cards donated by members. These help families who must take their children to the CACs with transportation and food costs associated with their appointments. If anyone would like to donate additional gift cards, please contact Denise or Ginny for more information.

Unfortunately, we are sad to report that funding for CARES Institute has been cut from the 2026 NJ state budget. This will mean the closing of their Vineland office, so critical to families from the southernmost NJ counties, as well as the layoff of a number of physicians, psychiatrists, psychologists, researchers, and other staff members from both the Stratford and Vineland offices. If you would like to reach out to the State Senate and Assembly on their behalf, please contact Denise.

Health and Wellness – Tricia Hearey



Bingocize®, a 10-week, evidence-based health promotion program approved through the National Council on Aging (NCOA) combines exercise and health information with the familiar game of bingo, which was a great and fun way to get us moving. We would like to start up again in **September on Tuesdays**. Please show your interest by calling or texting **609-217-6848**.

☞ **Matter of Balance:** “Managing Concerns about Falls” is a free 8-week workshop series that we would like to reintroduce to members who are concerned about falling and interested in fall prevention. Again, please call **Tricia Hearey at 609-217-6848** if interested.

☞ **“Let’s Get Moving” Challenge:** Remember to calculate hours of physical activity for the “Let’s Get Moving Challenge” throughout the summer. Last year, our members took part through a variety of activities, including biking, yardwork, walking, jogging, exercise programs, and swimming. Let’s do it again for 2025!

☞ **Walking – Exploring New Trails:** The walking group for our members, friends and family will continue **Wednesdays at 10:30 AM**, at Jake’s Place at 101 Bortons Mill Rd, Cherry Hill. All are welcome! Parking is available. Please see link: www.buildjakesplace.org. Other walking options to choose: **May 22 - Wellness Walk 5:00 PM - 6:30 PM** at Croft Farm (You must register at Cherry Hill Township Website.) You can also explore other parks with trails near you. Just use the link below.
<https://www.camdencounty.com/service/parks/camden-county-parks-map/>

☞ **May Health Observances:**

→ **Mental Health Awareness Month:** Mental health is essential for overall well-being at every stage of life. Regardless of age, background, or experience, prioritizing mental health strengthens individuals, families, and communities. As we age, we may experience life changes that affect our mental health, and these health conditions may present differently, such as through changes in interests or energy levels. Mental health care can enhance quality of life, independence, and social connections.

Below are some resources which can lead to enhanced quality of life, independence and social connections:

- **Podcasts and Webinars** - National Alliance on Mental Illness (NAMI) podcasts and webinars are for people interested in learning more about mental health. Listen to learn more about personal stories of hope and recovery, expert advice and research, and strategies for living well and ending stigma. <https://www.nami.org/support-education/podcasts-and-webinars/>
- **Crisis Help:** Suicide, Mental Health, Drug, and Alcohol Issues If you or someone you know is in danger or having a medical emergency, call 911 or go to your nearest emergency room. 988 is the Suicide & Crisis Lifeline. If you or someone you know is struggling or in crisis, help is available. Call or text: 988 or Chat: 988lifeline.org. You will be able to speak with a trained crisis counselor at any time of day or night.
- **SAMHSA Helpline:** This helpline provides 24-hour free and confidential help. You can get treatment referral and information about mental health and drug or alcohol use disorders, prevention, and recovery in English and Spanish. Call: 1-800-662-4357 TTY: 1-800-487-4889 Text your ZIP code to: 435748

→ **Skin Cancer Awareness Month:** Both the Centers for Disease Control (CDC) and National Institutes of Health (NIH) play crucial roles in protecting public health related to the skin. The CDC focuses on public health issues like skin cancer and chemical exposures in the workplace, while the NIH conducts research and provides information on various skin-related conditions and aging. Here are some links:

<https://www.cdc.gov/skin-cancer/sun-safety/index.html>
https://www.cancer.gov/types/skin/patient/skin-prevention-pdq#_4
<https://www.ncbi.nlm.nih.gov/books/NBK247163/>

The UV Index forecasts the strength of UV rays each day. If the UV index is 3 or higher in your area, protect your skin from too much exposure to the sun. CDC recommends several ways to protect your skin when the UV index is 3 or higher:

- Stay in the shade.
- Wear clothing that covers your arms and legs.
- Wear a hat with a wide brim to shade your face, head, ears, and neck.
- Wear sunglasses that wrap around and block both UVA and UVB rays.
- Use a broad-spectrum sunscreen with a sun protection factor (SPF) of 15 or higher.

It is also important to avoid tanning beds, booths, sunlamps, and other artificial sources of UV radiation, and to use protective clothing, UV shields, and filters when exposed to UV in the workplace.

From the Editor – Ginny DeLong



Thank you all for your timely submissions. And, thank you **Debbie Hluchan** and **Denise Sellers** for your proofreading expertise. I hope to see some terrific pics of all you did for the summer edition! Ginny@TheHaddonFortnightly.org

NOTE FROM MIKE UNDERWOOD

Here is the note that Mike sent to The Haddon Fortnightly thanking the membership for remembering his wife Pat and summarizing what THF meant to her.

Members of The Haddon Fortnightly,

With Pat being a member of The Haddon Fortnightly for 55 years of or 57 year of marriage, I can truly say it was a major part of our lives. The HFN helped us grow, to know the meaning of women working together to provide service, kindness, friendships, and support to further women causes, and to bring out the best in each other. When ever Pat spoke or took any action it was always done in best interest of the Club, even when she did not agree on the subject, the HFN came first. While Pat spoke her mind, no one really knows how many times she bit her tongue to save peace and keep unity within the HFN. She was a true leader at HFN and at home.

She cherished the friendships she had with everyone over the half a century of being a member. Pat's love for the members of the HFN and the Fortnightly Building was second only to the love she had for me and our children. Thank you for your condolences and all the kindness you have shown to me, Kevin and Heather.

We will be forever thankful.

PICTURE TIME – SMILE!

Snapshots from our latest activities....Convention luncheon – a big thank you to **Sue Sheehan** for arranging an enjoyable afternoon. And, the Game Day activity was a fun way to spend the afternoon – thank you to **Jude Leary** for your hospitality!



Best Wishes for
a Relaxing
Summer 2025!

